



**BURLINGTON**  
HOUSE SCHOOL

## **Relationship and Sex Education Policy**

**Responsible person(s):** Matthew Jones (Pastoral Lead).

**Review Cycle:** Annual

**Last review date:** September 2024

**New review date:** September 2025

Please see also:

**PSHE policy**

**Safeguarding Policy**

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### **1. Policy Introduction:**

#### **STANDARD 2**

The purpose of RSE should be to provide knowledge about loving relationships, the nature of sexuality and the process of human reproduction. At the same time it should lead to the acquisition of understanding and attitudes which prepare pupils to view relationships in a responsible and healthy manner. It should not be value free and topics covered are presented in a manner and at an age suited to the emotional and physical development of our pupils and level of understanding.

### **2. Objectives of RSE education:**

The objectives of RSE are to:

- To enable pupils to understand the biological aspects of reproduction
- To consider the advantages and disadvantages of various methods of family planning in terms of personal preference and their social and moral implications
- To recognise and be able to discuss sensitive and controversial issues such as conception, virginity, birth, child-rearing, abortion, sexually transmitted diseases, gender identity and technological developments which involve consideration of attitudes, values, beliefs and morality



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- To make pupils aware of the range of sexual attitudes and behaviour in present day society and recognise the importance of personal choice in managing relationships so that they do not present risks to health and personal safety
- To make pupils aware that feeling positive about sexuality and sexual activity is important in relationships and that people have the right not to be sexually active
- To recognise that parenthood is a matter of choice
  - To critically analyse moral values and explore those held by different cultures and groups
- To understand the concept of stereotyping and to discuss issues such as sexual harassment in terms of their effects on individuals
- To understand aspects of legislation relating to sexual behaviour, gender and equal opportunities and to make aware of the availability of statutory and voluntary organisations which offer support in human relationships.

### **3. Delivery of RSE:**

RSE at Burlington House School Tooting is taught in a cross curricular manner through the PSHE programme of study, Biology lessons and Religious Studies. Thus facilitating RSE to be factual and to promote the spiritual, moral, cultural, mental and physical development of pupils at the school and prepare them for opportunities, responsibilities and experiences of adult life, in accordance with the following government guidance:

[The Equality Act 2010 and schools: Departmental guidance](#)  
[Relationships Education, Relationships and Sex Education and Health Education \(England\) Regulations 2019](#)  
[Relationships Education, Relationships and Sex Education \(RSE\) and Health Education](#)

The statutory requirements of Keeping Children Safe in Education 2023, paragraphs 130-132, are accessed through the teacher training modules and non-statutory implementation guidance in: [Teaching about relationships, sex and health](#)

The diverse staffing and the variety of experience contained within the teaching staff is seen as a valuable resource for the delivery of RSE. The school has the same high expectations of the quality of pupils' work in RSE as for other curriculum areas. Lessons are planned to ensure that pupils of differing abilities, including the most able, are suitably challenged. Teaching is assessed to provide regular feedback provided on pupil progress, and assessments are used to identify where pupils need extra support or intervention.

External specialist providers such as 'All About RSE' and 'Stonewall' are also used to complement and augment the provision of RSE for our pupils who are checked for suitability and appropriately supervised— see *The Safer Recruitment policy*

Whilst there is no formal examined assessment for RSE, the school can demonstrate how teachers assess outcomes (e.g. by tests, written assignments or self evaluations). RSE is seen as progressive in terms of language, concepts and content which increases in depth and complexity as pupil's progress through the school.

Following the National Curriculum in **Science** at KS3 the following is taught:

- The steps leading to pregnancy, including ovulation, fertilisation and implantation
- The physical and emotional changes that take place during adolescence
- The names and function of the parts of the human reproductive system
- The stages of the menstrual cycle and its role in fertility
- How the foetus develops in the uterus including the role of the placenta
- How pathogens can affect health in relation to sexually transmitted infections and how the spread can be reduced or prevented
  - General description and evaluation of hormonal and barrier methods of contraception
  - How sex is determined by genetics in humans
  - How characteristics and genetic diseases are inherited via sexual reproduction

At KS4 most of the KS3 content is reiterated for the Single Award Science iGCSE. However the Double Award Science GCSE also goes into detail in the following three areas:

- How the sperm and egg cell are adapted for successful fertilisation
- The way in which hormones regulate the menstrual cycle and control fertility
- The use of hormones in Assisted Reproductive Technology

The **PSHE** programme of study covers many topics and introduces sex education in an incremental way, relevant to the pupils' own physical and emotional development, and emphasises the whole range of relationship values and issues. Delivery of RSE in PSHE is synchronised in the schemes of work with Biology schemes of work. This is to allow pupils time to discuss issues related to their personal and social development while studying National Curriculum information in Science. For further information on PSHE, see the *PSHE policy*.

In **Religious and Social Studies** there are opportunities for debate and discussion regarding sexuality and religion. The aim of sex education in Religious Studies is to create and develop empathy and understanding of the way different religions view sex and sexuality and caters for our pupils which come from many different backgrounds.

#### **4. Withdrawn children:**

The School recognises that parents have the prime responsibility for bringing up their children and helping them to cope with the emotional and physical aspects of growing up and preparing them for the challenges and the moral and intellectual decisions to be made on reaching sexual maturity.



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The school aims to work in partnership with the parents and, in accordance with [Relationships Education, Relationships and Sex Education \(RSE\) and Health Education 2021](#) (paragraph 13), the school consults parents, through Parent Feedback questionnaires, in developing and reviewing this RSE policy, to ensure that it meets the needs of the pupils and parents and reflects the community that the school serves. Please also refer to [guidance for schools about parental engagement](#).

Parents have the right to withdraw their child from any part of the sex education programme not covered by the Science Orders of the National Curriculum and can apply to the School Office for a sex education withdrawal form. Names of withdrawn children will be supplied to all teaching staff.